



The Fresh
Gourmet

**CASUAL
DINING AND
CATERING FOR
ALL OCCASIONS**

2004 Huntington Dr.
San Marino CA 91108
(626)308-1720
www.freshgourmetsanmarino.com

SPECIALTY SANDWICHES

TUNA MELT 9.29

Dill Tuna Salad, lettuce and tomato on grilled sourdough

TURKEY OR CHICKEN CLUB SANDWICH 9.59

Grilled chicken or turkey breast, cheese bacon, sprouts, lettuce, tomato and mayonnaise served on multi-grain bread

MANHATTAN STEAK SANDWICH 10.99

Pan seared steak sautéed with caramelized onion and tomato served on a warm roll topped with lemon caper mayonnaise and lettuce

ROAST BEEF/TURKEY DIP SANDWICH 9.29

Hot roast beef or turkey breast served on a French roll with Au Jus on the side for dipping

GRILLED CHICKEN PITA 9.29

Warm Mediterranean flat bread topped with grilled chicken breast, lettuce, tomato, avocado and ranch dressing

FRENCH ROSEMARY BAGUETTE SANDWICHES

TURKEY CRANBERRY BAGUETTE 9.97

Turkey breast, cranberries, pesto mayonnaise and lettuce

ROAST BEEF AND CHEDDAR BAGUETTE 9.59

Roast beef, lettuce tomato, mayonnaise and cheddar cheese

TURKEY SWISS BAGUETTE 9.79

Turkey breast, roasted bell peppers, mayonnaise, fresh basil and Swiss cheese

PASTAS

CREAMY FETTUCCINE ALFREDO 9.95

with Chicken 11.59

Fettuccine pasta served in a traditional garlic parmesan cream sauce

PENNE BOLOGNESE 11.29

Penne pasta served in a traditional mild Italian sausage marinara sauce

CHICKEN TEQUILA FETTUCCINI 11.29

Fettuccine pasta tossed lightly with sautéed chicken, assorted bell pepper, tomatoes, basil and three kinds of cheese

THREE CHEESE PENNE PASTA 9.97

Penne pasta baked in a cream sauce with caramelized garlic, sun dried tomatoes, basil and three kinds of cheese

TOMATO BASIL PENNE PASTA 7.59 with Chicken 9.59

Penne pasta tossed in a light basil sauce garnished with parmesan cheese

SALADS

B.B.Q CHICKEN SALAD 9.29

Grilled chicken breast, chopped lettuce, sweet yellow corn, diced tomato, jicama and cilantro tossed lightly in a homemade B.B.Q. ranch dressing

ITALIAN CHOPPED CHICKEN SALAD 9.29

Grilled chicken breast, mixed lettuce, mozzarella cheese, fresh basil, garbanzo beans and diced tomatoes in a fat-free tomato-basil vinaigrette dressing

CRANBERRY DELIGHT 9.79

Gourmet baby greens, poached chicken breast, dried cranberries and toasted almonds tossed lightly with a sesame poppy seed vinaigrette dressing

NAPA SALAD 9.79

Poached chicken breast, gourmet baby greens, dried apricots, red onions, candied pecans and feta cheese tossed with balsamic vinaigrette

PARISIENNE SALAD 9.79

Poached chicken breast, gourmet baby greens, sun-dried tomatoes and red onions tossed lightly with balsamic vinaigrette, topped with slices of French baguette and brie cheese

TEXAS GRILL SALAD 9.79

Poached chicken breast, black beans and cheddar cheese served over a bed of greens tossed with a salsa ranch dressing topped with seasoned tortilla strips and fresh avocado

CHICKEN CAESAR SALAD 9.29

Grilled chicken breast served over chopped romaine lettuce tossed with a creamy Caesar dressing topped with shredded parmesan cheese and homemade garlic croutons

ASPARAGUS AND BABY GREEN SALAD 9.79

Baby greens, grilled chicken breast, fresh asparagus, orange supremes and red onion tossed with a citrus balsamic vinaigrette

THAI CHICKEN SALAD 9.79

Grilled chicken breast served over chopped lettuce tossed with green onions, julienned cucumbers, cilantro, shredded carrots and chow mein noodles tossed in a peanut vinaigrette

SALADS

ASIAN CHICKEN SALAD 9.29

Poached chicken breast, chopped lettuce, green onions, cilantro and won ton strips tossed in a sesame vinaigrette

MANDARIN CHICKEN SALAD 9.29

Poached chicken breast, chopped lettuce, green onions, celery, mandarin oranges and candied almonds tossed in a sweet and sour vinaigrette

CHICKEN TACO SALAD 9.79

Poached chicken breast, chopped lettuce, tomatoes, cheddar cheese, julienned carrots and shredded red cabbage tossed with salsa and homemade ranch dressing lightly garnished with tortilla strips

FIESTA CHICKEN SALAD 9.79

Grilled chicken breast, chopped lettuce, diced tomatoes, kidney beans, shredded cheddar cheese, avocado and black olives, tossed with homemade ranch dressing

CHICKEN COBB SALAD 9.79

Grilled chicken breast, chopped lettuce, shredded cheddar and Monterey jack cheese, diced tomatoes, avocado and bacon tossed with homemade ranch dressing

SOUTHWEST CHICKEN CAESAR SALAD 9.79

Seasoned chicken breast served over romaine lettuce tossed with roasted peppers, pumpkin seeds, cotija cheese and pasilla Caesar dressing topped with corn tortilla strips

CAROL'S SALAD 9.29

Poached chicken, shredded green cabbage, cilantro, scallions, toasted almonds with sesame seed dressing

BAJA CHICKEN SALAD 9.79

Grilled chicken, diced tomatoes, black beans, corn, carrots, red cabbage and avocado over chopped romaine lettuce with ranch dressing

CLASSIC SANDWICHES

SERVED WITH FRUIT AND A COOKIE 9.29

Choice of Bread: *White, Wheat, Fat Free Multi-Grain, Squaw, Sourdough, Rye or French Roll*

Choice of: *Ham, Turkey, Roast Beef, Chicken Salad, Tuna Salad or Egg Salad*

Topped with: *Lettuce, Tomato, Mayonnaise and Mustard*

SPECIALTY SANDWICHES

Served with Fruit and a Cookie

VEGETARIAN 8.79

Fresh cucumbers, carrots, tomatoes, avocado, cheese, lettuce, sprouts and mayonnaise

CHICKEN RUSTICA SANDWICH 9.99

Chicken breast sautéed with red onion and bell pepper served on a ciabatta roll topped with a lemon caper mayonnaise, lettuce and tomato

ROASTED VEGGIE SANDWICH 9.29

Assorted seasonal squash and roasted peppers, seasoned with balsamic vinegar, topped with fresh basil and lettuce served on a toasted ciabatta roll with melted cheese

CALIFORNIA MELT SANDWICH 9.79

Grilled sourdough filled with your choice of chicken, turkey or roast beef, melted cheese, lettuce tomato and Ortega pepper

LOS ROBLES (PATTY) MELT SANDWICH 9.79

Hamburger patty, cheese, lettuce, tomato, pickle and homemade thousand island dressing spread, served on grilled sourdough

WRAPS

*Choice of Assorted Tortilla Flavors Daily
Served with Fruit and a Cookie*

TURKEY AVOCADO WRAP 9.99

Sliced turkey breast, avocado, lettuce, tomato and a side of ranch dressing for dipping

GRILLED CHICKEN SALAD WRAP 9.49

Chopped grilled chicken, cilantro, green onion and tomato tossed in a light mayonnaise

VEGETARIAN WRAP 8.99

Fresh cucumber, carrots, sprouts, lettuce, tomato, avocado and cheese served with ranch dressing for dipping

CHICKEN COBB SALAD WRAP 9.99

Grilled chicken breast, lettuce, tomato, cheddar and Monterey jack cheese, avocado and bacon crumbles in ranch dressing

CHICKEN CAESAR SALAD WRAP 9.49

Grilled chicken breast, romaine lettuce and parmesan cheese tossed in Caesar dressing

EL MONTEREY WRAP 9.79

Marinated chicken breast, lettuce, tomato, mozzarella and cheddar cheese tossed with a southwest ranch dressing

SOUTHWEST SPECIALTIES

SHREDDED BEEF OR CHICKEN QUESADILLA 8.25

Your choice of shredded beef or chicken with cheese, grilled in a flour tortilla, garnished with homemade salsa and sour cream

ROASTED VEGGIE QUESADILLA 7.25

with Chicken 9.25

Seasonal squash and roasted peppers with cheese, grilled in a flour tortilla, garnished with homemade salsa and sour cream

CHIPOTLE MUSHROOM QUESADILLA 7.49

with Chicken 9.49

Mushrooms in a smoky chipotle chile sauce with cheese, grilled in a flour tortilla, garnished with homemade salsa and sour cream

BAJA SOFT TACOS 7.99

Two soft tacos filled with your choice of grilled chicken breast, shredded chicken or shredded beef garnished with guacamole and salsa

MIJAS CRISPY TACOS 7.99

Two crispy tacos filled with your choice of shredded beef or chicken topped with lettuce, tomato and cheese

SOUPS & RICE BOWLS

SOUPS AND HALF CLASSIC SANDWICHES OR SALAD COMBO

Soup with your choice of half of one of our classic sandwiches or with your choice of either Caesar salad or garden salad

Cup 9.49

Bowl 10.99

TERIYAKI CHICKEN BOWL 6.79

Grilled chicken, white rice, daikon salad and teriyaki sauce

CALIFORNIA MEDLEY BOWL 6.79

Grilled chicken, white rice and sautéed seasonal vegetables served with soy sauce

SOUPS AND HALF CLASSIC SANDWICHES OR SALAD COMBO

Fresh homemade soup of the day Cup 9.49

(Bowl served with garlic toast) Bowl 10.99

A LA CARTE ITEMS

French Fries	Small 2.75
	Large 3.75
Fried Zucchini with Ranch Dressing	3.99
Slice of Parmesan Garlic Toast	1.00
Fresh Fruit	3.99

ADDITIONAL ITEMS

Avocado	1.50
Cheese	1.00
Sour Cream	1.00
Guacamole	1.50
Tomatoes	.75
Side of Dressing	1.00
Tortilla Strips	.75
Nuts	1.25

BEVERAGES

Soda	1.50
Coke, Diet Coke, Sprite, Root Beer	
Juice	2.25
Apple, Cranberry	
Other	2.50
Milk, Lemonade, Coffee, Snapple, Vitamin Water, Hot Tea and Iced Tea	

For customers dining in the restaurant, we will gladly refill your drink in a to-go cup for \$1.00

We will gladly split any dish for a nominal fee of \$3.50